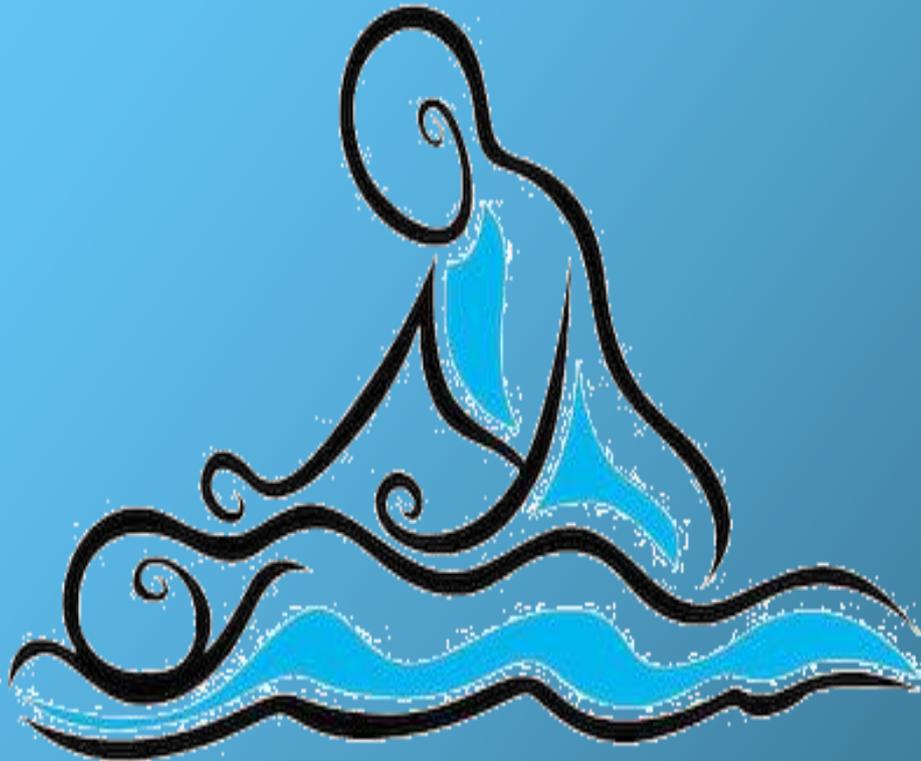




TREATMENTS 2019



HIPÓCRATES
C U R H O T E L
★ ★ ★ ★

Health Centre authorised by the Generalitat de Catalunya with code
E-17025157 Endocrinology, Nutrition and Dietetics, Physiotherapy,
General/Family and Cosmetic Medicine, Psychology

FACIAL TREATMENTS

Facial hygiene 50'

63€

Essential for keeping a clean, lively and fresh complexion. The basic beauty treatment for any following treatment to be completely effective. Does not include hair removal.

Essential Shock 75'

125€

Intensive anti-ageing treatment. Moisturises, refirms and rejuvenates face, neck and cleavage.

Vitamin C+C treatment 50'

99€

Facial treatment based on pure vitamin C. Ideal for skin lacking vitality. Refirms and nurtures.

Hyaluronic treatment 75'

103€

Marine hyaluronic acid refills profound wrinkles, essential for keeping up the density of the skin.

Silicon lift treatment 75'

120€

Instant lifting effect, based on marine hyaluronic acid and marine silicon molecules, which are natural elements for the production of collagen and elastin supporting fibres

Diamond Experience 80'

150€

Rejuvenating treatment which regulates the main biomarkers of skinage. Diminishes fine lines and wrinkles.

Massage Craneo-Facial 45'

61€

Head, facial and neck massage with the circulatory system and oxygenating effect. Allows a fresh and bright skin. Ideal to relax the mind, it help's to concentrate and reduce the stress.

THERAPEUTIC MASSAGES

Full body massage 45'	61€
Aromatherapy massage 45'	63€
Aromatherapy massage for two 45' Massage with aromatherapy essences, performed simultaneously with two therapists in the same room (price per person).	65€
Partial massage 25' Therapeutic massage focused on either back, legs, abdomen, head or feet.	37€
Facial massage 25'	40€
Sports massage 45'	63€
Foot reflex therapy 20'/40'	40€ / 63€
Back de-contracting massage 45' Therapeutic back massage for specific back problems.	65€
Lymphatic drainage 45' Gentle strokes that re-establishes circulation and helps water retention.	65€
Lymphatic drainage, legs or face 25'	48€

SPECIAL SENSATIONS

Shiatsu 50' Japanese massage technique which strives to achieve inner balance by finger pressures. It is performed on a futon, with the patient wearing comfortable clothing .	79€
Hot Stone massage 75' Ancient and effective massage technique which combines the energy effect of volcanic stones with the opulence of essential oils.	110€
Herbal wellness massage 50' Aromatherapy massage with warm herbal bags (pindas) and warm oils to restore the energy balance; it relaxes and purifies.	79€
Hot Chocolate massage 45' Anti-stress massage with cocoa and warm oils.	75€

BODY TREATMENTS

Body peeling with salt and essential oils 50' **73€**

Algae or mud therapy 50' **73€**

Body wraps with mud from the Dead Sea, or with algae, followed by a bath in a Jacuzzi bath tub.

Pain relieving mud therapy 50' **82€**

Body wrap with mud and essential oils (camomile, juniper and rosemary), to relax and to appease feelings of pain.

Slimming, anti-cellulite or firming body therapy 75' **89€**

Body wraps with algae or mud, followed by a bath in a Jacuzzi bath tub and pressotherapy (mechanical lymphatic drainage).

Slimming treatment 75' **89€**

Application of anti-cellulite extracts, slimming gel and draining oil, combined with pressotherapy, to reduce specific zones of the body quickly.

Lipo-slimming Express Treatment 45' **65€**

HYDROTHERAPY

Under-water massage 20' **58€**

Massage performed in a special bath tub with pressure jet, particularly recommended for slimming and anti-cellulite treatments.

Scottish Shower 7' **16€**

Invigorating shower with pressure jet, alternating hot and cold water.

Colon hydrotherapy **135€**

Deep cleansing of the large bowel, painless and easy, to improve the immune system and to boost normal cell oxygenation. (by medical prescription only)

Access Spa and fitness studio (3 hours) **30€**

SPA RITUALS 75' 115€ (per ritual)

QUEEN OF EGYPT (She) MARCO ANTONIO (He)	TOTAL VITALITY	CALM&RELAX
Full body peeling, Algae or mud wrap, aromatherapy bath, regenerating facial treatment.	Full body massage including head and feet, to restore vitality and well- being.	Relaxing and toning body massage combined with an anti-stress facial.

HEALTH PLANS 3 DAYS AND 2 NIGHTS

ANTI-STRESS 126€	LIGHT (weight reduction)189€	INTESTINE HEALTH 240€
1 Scotch shower 1 Full body massage 1 Relaxing foot massage 1 Head massage	1 Nutritional advice session 1 Lymphatic drainage 1 Scotch Shower 1 algae or mud therapy	1 Medical nutritional consultation 1 Colon hidrotherapy 1 Algae or mud therapy

- These health plans do not include access to Spa & Fitness studio
- In order to enjoy either the LIGHT health plan or the INTESTINE HEALTH plan it is necessary to stay at the hotel on **full board** basis

1-DAY-BREAK AT CURHOTEL HIPOCRATES

HIPOCRATES BREAKFAST 35€	HIPOCRATES LUNCH 45€	HIPOCRATES RITUAL 80€
1 breakfast buffet 1 access Spa & Fitness	1 lunch or dinner (drinks and coffee not included) 1 access Spa & Fitness	1 lunch or dinner (drinks and coffee not included) 1 access Spa & Fitness 1 partial massage 25'

PHYSIOTHERAPY & FITNESS

Evaluation of physical fitness 25' **55€**

Cooper and Karkoven test to assess physical and aerobic capacity

Physiotherapy or respiratory physiotherapy 50' **65€**

Individual rehabilitation session

Personal trainer 50' **65€**

MEDICINE, NUTRITION AND DIETETICS

Medical consultation **70€**

Medical control consultation **50€**

Nutritional and dietary consultation **60€**

Nutritional assessment including bioelectrical impedance analysis control and report.

Electrocardiography **53€**

Anti-cellulite and slimming mesotherapy (IDL) **78€**

Injections of homeopathic substance to reduce body mass and improve cellulite.

Homeopathic analgesic therapy **78€**

Homeopathic injections to reduce muscular pain and to regularise bodily functions.

Anti-aging cellular therapy **89€**

Biologic treatment for the revitalization of cutaneous tissue

Analysis of blood/urine/ oxidative stress level **Quote upon request**

Food intolerance test **220€**

Hydropinia cure (complete treatment set) **228€**

Regular intake of sulphurous mineral water. Detoxifying, anti-aging and anti-oxidative, liver-salutary

PREVENTIVE MEDICINE

Medical check-up (oxidation and inflammation levels) 300€

Three diagnostic tests to find out the level of inflammation and oxidation of your body, followed by a treatment proposal in order to reset them, as well as individualised recommendations based on a study of your genes. (Fatty acids test/ oxidation test/Vitamin D level)

Medical check-up (digestive and intestinal) 380€

Two diagnostic tests and a health questionnaire to ascertain the state of health of your intestinal wall and to detect or dismiss a possible gluten allergy. (Coeliac test / gut flora test)

Individual diagnostic test 150€/test

Includes a medical examination, a medical history, and a final report featuring the main results, as well as a treatment recommendation. (Gastric acid test/ Oxidation test/ Vitamin D level test/ Coeliac test)

Gut flora test 260€

Pharmacogenetics 95€

A study of incompatibility of medicines/habits

COSMETIC MEDICINE

Facial mesotherapy 165€

Medical facial rejuvenation treatment

Medical peeling 125€

A gentle way to renew and regenerate skin, suitable for removing age spots, small wrinkles and generally rejuvenating the complexion.

Facial filling implants Quote upon request

Smooths or removes lines and eye contour wrinkles.

Wart removal by coagulation Quote upon request

Varicose vein treatment by electrosclerosis Quote upon request

Treatment for venous insufficiency, varicose veins and micro-varicose veins.

Alopecia treatment 78€

Stimulation of hair growth and regeneration by capillary injections.

USEFUL INFORMATION

SPA opening hours for children (up to 14) are from 9:30 to 11:00 AM and from 4:00 to 5:30 PM. For security reasons children must be accompanied by an adult at all times. Children under 5 years are not allowed access to the SPA & FITNEES area.

Clients under the age of 18 must be accompanied by an adult for any kind of therapy or treatment.

- Children under 14 are not allowed to use the gym or the saunas.
- Access to the SPA&FITNESS area only with adequate footwear. The use of pool slippers is compulsory for the SPA area.
- People with arterial pressure and/or heart problems, those on medical treatment or pregnant women should consult with our medical centre before using the SPA facilities.
- Please do not wear any jewellery or bring your personal belongings to the different treatments and consultations. In your bedroom is a safety deposit box for your valuables. The hotel declines any responsibility for lost items.
- Mobile phones are not allowed during treatments.

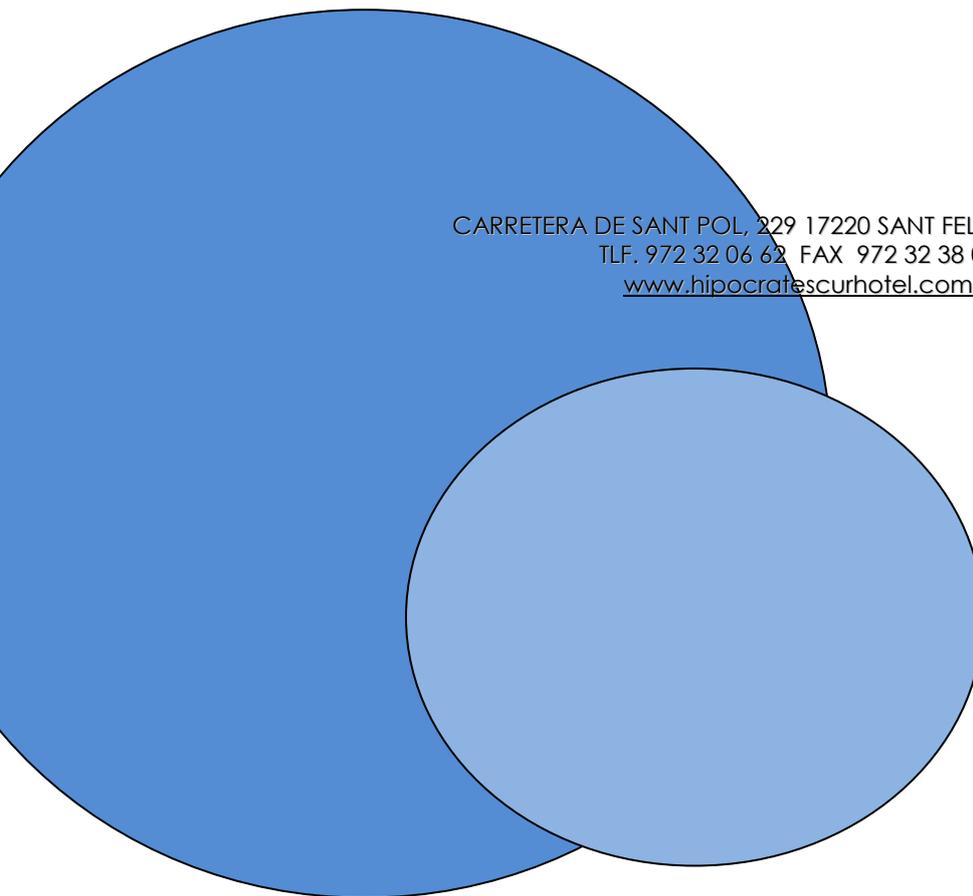
We kindly request our guests not to wear bathrobes for dinner

TREATMENT CANCELLATION POLICY

Treatments or services cancelled on the same day to take place will carry a 50% charge of their amount. No-show or cancellation within 3 hours of a treatment or service to take place will be considered as performed and will be charged accordingly.

For more information about these and other treatments, please contact the Medical & Spa Reception.

PRICES INCLUDE VAT



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